

***NOTE: This is only a template. The information does not represent any real student.**

MMPI-A-RF INTERPRETATION

NAME: Annie Bennet

DATE OF BIRTH: May 24, 2004

AGE: 17

DATE OF REPORT: April 5, 2022

EXAMINER: Kimberly DeGroot, B.A.

BEHAVIORAL OBSERVATIONS:

Annie is of average height, average weight, with a slim build. She came to the testing session casually dressed, wearing jeans and a sweatshirt. She was quiet prior to the testing session. Her attitude toward testing was excited and attentive, and she appeared open to providing answers. She seemed to be concentrating and trying her best. She was oriented to person, place, time, and purpose. She was focused and alert during the testing session.

Annie's dominant language is English. She did not appear to have difficulties with visual/auditory/motor skills, nor were there any indications of hallucinations or delusions. Her mood during the testing session was calm. This was evident by her facial expressions and her conversations with the examiner during both sessions.

Validity Scales

? Cannot Say (T score 0): All items answered.

Variable Response Inconsistency (T score 47): Individuals with similar profiles were able to comprehend and respond relevantly to the test items.

True Response Inconsistency (T score 50): WNL

Combined Response Inconsistency (T score 43): Individuals with similar profiles were able to comprehend and respond relevantly to the test items.

F-r (T score 48): Individuals with similar profiles show no evidence of over-reporting.

L-r Scale (T score 50): Individuals with similar profiles show no evidence of under-reporting.

K-r Scale (T score 52): Individuals with similar profiles show no evidence of under-reporting.

Higher Order Scales

Emotional/Internalizing Dysfunction (T score 62): Individuals with similar profiles display significant emotional distress.

Thought Dysfunction (T score 37): WNL

Behavioral/Externalizing Dysfunction (T score 42): WNL

Somatic/Cognitive Dysfunction

Somatic Complaints (T score 49): WNL

Malaise (T score 65): Individuals with similar profiles report experiencing poor health, weakness, or fatigue.

Gastrointestinal Complaints (T score 44): WNL

Head Pain Complaints (T score 58): WNL

Neurological Complaints (T score 39): WNL

Cognitive Complaints (T score 53): WNL

Emotional Dysfunction

Demoralization (T score 67): Individuals with similar profiles report feeling sad and dissatisfied with his or her current life circumstances.

Helplessness/Hopelessness (T score 51): WNL

Self-Doubt (T score 62): Individuals with similar profiles report self-doubt, feelings of uselessness, and poor self-esteem.

Inefficacy (T score 61): Individuals with similar profiles report being indecisive and ineffective in coping with difficulties.

Low Positive Emotions (T score 44): WNL

Dysfunctional Negative Emotions (T score 53): WNL

Stress/Worry (T score 49): WNL

Obsession/Compulsions (T score 65): Individuals with similar profiles report an above-average level of obsessive and compulsive symptoms.

Anxiety (T score 51): WNL

Anger Proneness (T score 43): WNL

Behavior Restricting Fears (T score 57): WNL

Specific Fears (T score 37): Individuals with similar profiles report a lower-than-average number of specific fears.

Negative Emotionality/Neuroticism-Revised (T score 60): Individuals with similar profiles report various negative emotional experiences including anxiety and worry.

Introversion/Low Positive Emotionality-Revised (T score 44): WNL

Thought Dysfunction

Ideas of Persecution (T score 37): Individuals with similar profiles report no persecutory ideas or beliefs.

Aberrant Experiences (T score 42): WNL

Psychoticism-Revised (T score 40): WNL

Behavioral Dysfunction

Antisocial Behavior (T score 41): WNL

Hypomanic Activation (T score 50): WNL

Disconstraint-Revised (T score 35): Individuals with similar profiles report good impulse control, possibly reflecting overly constrained behavior.

Negative School Attitudes (T score 55): WNL

Antisocial Attitudes (T score 47): WNL

Conduct Problems (T score 38): Individuals with similar profiles report a below-average number conduct problems.

Substance Abuse (T score 42): WNL

Negative Peer Influence (T score 49): WNL

Aggression (T score 40): Individuals with similar profiles report a below average level of aggressive behavior.

Cynicism (T score 68): Individuals with similar profiles are distrustful of others. They believe that others are motivated solely by self-interest.

Interpersonal Functioning

Family Problems (T score 45): WNL

Interpersonal Passivity (T score 59): WNL

Social Avoidance (T score 46): WNL

Shyness (T score 48): WNL

Disaffiliativeness (T score 41): WNL

Aggressiveness-Revised (T score 41): WNL

Summary

The MMPI-A-RF is an objective measure of psychopathology. After examining the combined results of the validity scales, Annie's profile appears to be valid. Annie appears to have paid attention to item content, answered all items honestly, and did not exaggerate or minimize her problems. Therefore, the profile can be interpreted. Additionally, individuals with similar profiles on the validity scales comprehend test items, respond relevantly, and show no evidence of content-inconsistent responding.

Annie's Higher Order Scales show common themes of emotional distress and high levels of behavioral constraint. Individuals with similar profiles have a broad range of difficulties associated with demoralization, low positive emotions, and negative emotional experiences. They experience low morale, depression, or anxiety. Individuals with similar profiles have few difficulties associated with disordered thinking. Additionally, there are no indications of paranoid or nonparanoid delusions, hallucinations, or unrealistic thinking. Finally, individuals with similar profiles show no problems associated with under-controlled behavior. They have limited problems with impulse control and are aware of possible triggers.

Annie's scores on Somatic/Cognitive Dysfunction Scales have common themes of physical and cognitive health. Individuals with similar profiles experience poor health, weakness, or fatigue. They do not report any gastrointestinal complaints. Additionally, individuals with similar scores have few problems with memory or concentration. They do not experience attention problems or academic problems. Overall, individuals with similar profiles experience poor physical well-being but display no patterns of cognitive difficulties.

Annie's Emotional Dysfunction Scale have common themes of dissatisfaction, self-doubt, indecisiveness, and anxiety. Individuals with similar scores are dissatisfied with their current life circumstances. They believe life is a strain, feel sad, and have low self-esteem. They also experience feelings of uselessness. Individuals with similar profiles have a range of positive emotions and like being socially engaged. They report an average level of negative emotional experiences. Individuals with similar profiles report an above-average level of obsessive and compulsive symptoms. They are indecisive and ineffective at coping with difficulties. They experience some stress and anxiety related symptoms. Individuals with similar profiles report few anger problems. They have a lower-than-average number of specific fears.

Annie's Thought Dysfunction Scales have common themes of insight, realistic thinking, and ordinary beliefs. Individuals with similar profiles do not have problems associated with disordered thinking. They do not experience unusual thoughts, beliefs, or perceptions.

Annie's Behavioral Dysfunction Scales have common themes of conformity, impulse control, and distrust. Individuals with similar profiles show indications of constrained behavior and display below-average levels of impulsive behavior. They do not engage in fighting, stealing, or any rule-breaking behavior. They have no history of drug and alcohol abuse, legal charges, or school suspension. Furthermore, individuals with similar profiles do not engage in any physically aggressive, violent behavior. They have cynical beliefs concerning others and believe that others are motivated solely by self-interest.

Annie's Interpersonal Functioning Scales have common themes of submissiveness, socialization, and social support. Individuals with similar profiles find themselves becoming passive in certain situations. They have several friends and often enjoy social situations and events. Individuals with similar profiles are not socially withdrawn. They report little to no social anxiety.

Individuals with similar profiles have emotional difficulties that motivate them to participate in treatment efforts. However, malaise impedes the willingness or ability to engage in treatment. Treatment considerations include psychological distress, low self-esteem, indecisiveness, obsessions and compulsions, negative emotions, and a lack of interpersonal trust.

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HYPOTHESES

1. Annie appears to have answered all items honestly.
2. Annie's profile is valid.
3. Annie experiences significant emotional distress.
4. Annie is not impulsive.
5. Annie does not report difficulties with memory or concentration.
6. Annie is anxious.
7. Annie is not satisfied with her current circumstances.
8. Annie has low self-esteem.
9. Annie has feelings of uselessness.
10. Annie experiences both positive and negative emotions.
11. Annie is indecisive.
12. Annie is not good at coping with difficulties.
13. Annie does not experience disordered thinking.
14. Annie does not experience unusual thought, beliefs, or perceptions.
15. Annie analyzes situations and avoids being compulsive.

16. Annie remains patient with others and is not easily angered.
17. Annie avoids physically aggressive, violent behavior.
18. Annie rarely engages in rule-breaking behaviors.
19. Annie is very realistic in her thinking patterns.
20. Annie believes that other people are motivated by self-interest.
21. Annie is passive in certain situations.
22. Annie has friends and enjoys social situations.