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Confidential Psychological Evaluation

Name: Allison Puckett
Date of Birth: July 18, 2001
Chronological Age: 16 years, 6 months, and 20 days
Race/Gender: Caucasian/Female
Date of Evaluation: February 8, 2018
Examiner's Name: Skyler Green
Date of Report: February 9, 2018

Reason for Referral:

The purpose of this assessment was to obtain background information for Allison.

Behavioral Observations

Allison appeared at the interview on time. She willingly accompanied the examiner to the testing room. She was dressed appropriately in a sweater and a skirt, and her hygiene appeared to be appropriate. She demonstrated good posture, appeared to be in good health, and showed no difficulties with ambulation. Allison was of average height and weight. She was oriented x4, and had good eye contact throughout the evaluation. English is her primary language and she is right-handed. Rapport was easily established and Allison appeared eager during the evaluation, approaching each task with delight. She spoke with normal volume, rate of speech, and voice tone. There were no signs of incoherence, blocking, circumstantiality, or loosening of associations. Her thought content was logical and was consistent with the topic of discussion. There were no indications of hallucinations or delusions. Her attention span was excellent and she had a pleasant and friendly mood. She answered the questions that were asked of her spontaneously and elaborated when appropriate. She appeared to be very motivated during the testing and appeared to give full effort on all questions. Therefore, it appears that this evaluation is a valid indicator of Allison's background. The information she presented appears to be mostly reliable.

Background Information

Emotional/Psychological History

Allison reported having undiagnosed Anorexia Nervosa (AN) when she was a freshman in high school. She stated that her development of AN was a direct result of her cheerleading coach telling the team that "flyers cannot be fat." She reported that her maternal grandmother told her that she was getting "chunky," which she said also led to her being self-conscious of her weight. Allison reported that she eventually told her friends and her sisters, and she stated that her sisters helped her to tell her father. She reported that her father then forced her to quit cheerleading. Allison does not currently meet diagnostic criteria for AN.

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Allison denied any hallucinations or dissociations. She did not appear to have any delusions in her thinking patterns. She denied ever being in therapy. Allison denied experiencing symptoms of anxiety or depression. However, she revealed that she has nightmares every night.

Allison revealed that she has had a fear of fire since she was three years old. She indicated that she and her mother were driving on the highway in Upland, California, and said a fire started on the highway. She stated that, since then, she has had an ongoing fear of fire.

Allison reported that she is typically happy. Allison said a friend would describe her as “funny, nice, and takes care of others.” Allison reported that she thinks she is a nice person who has quirks. She said that she is a procrastinator, and she indicated that she is creative, loving, protective, and indecisive. Allison denied anger problems. Allison stated that she deals with stress by reorganizing and eating.

Medical History

Allison stated that her current health is not very good because she had her tonsils removed in 2017, and she reported that there were complications with the surgery. She also reported being diagnosed with asthma in 2014 and high blood pressure in 2015. Allison reported having Methicillin-resistant Staphylococcus aureus (MRSA) when she was very young (she did not remember what age she developed MRSA) and she reported being attacked by a dog when she was three years old. Allison reported that she had knee surgery in 2015, reported having her tonsils removed in 2017, and reported having surgery for a blood clot in her tonsil in 2017. She reported being allergic to cats. She reported being hospitalized twice for dehydration when she was younger (Allison did not remember the age that she was hospitalized).

Allison reported that she takes the following medications: NuvaRing (birth control pill) and Lisinopril (10 mg/day) for high blood pressure.

Alcohol and Drug Use

Allison stated that she only drinks alcohol socially at parties about two times a month. She stated that when she drinks, she typically has around three beers. Allison denied any illicit drug use. Allison stated that she drinks two cups of coffee and four Coca-Colas a day. She denied using tobacco problems. She denied attending a rehabilitation program for alcohol or drug abuse.

Family History

Allison reported that she is a “military brat.” She stated that her mother was in the military, but she stated that she no longer is in the military. Allison said that due to her mother being in the military, she and her family moved often. She stated that she was born in Upland, California, where she reported living for three years. She stated that she has lived in Decatur, Alabama (two months); Ewa Beach, Hawaii (one year); and Bowling Green, Kentucky (12 years). Allison stated that she considers Bowling Green, Kentucky, her hometown.

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Allison stated that she is single and reported that she has no children. Allison said that her parents divorced when she was eight, and she reported that she is happy that her parents are divorced. Allison reported that she is not close to her mother, and reported that they have not been close due to her mother cheating on her father with her now step-father. She stated that her father is remarried as well. Allison stated that she lives with her father and her step-mother. She reported that her mother is an Emergency Room Nurse in Los Angeles, California, and stated that her father owns a diesel mechanical shop.

Allison stated that she has nine siblings, and reported that only two are her full siblings. She reported that six of her siblings are female, and she said that three are male. Allison stated that she has two full sisters (21 years old and 23 years old), one paternal half-brother (30 years old), one paternal half-sister (three months old), one paternal step-sister (eight years old), one paternal step brother (four years old), one maternal half-sister (five years old), one maternal half-brother (two years old), and one maternal step sister (eight years old). Allison reported that she is only close to her two full siblings (21 and 23 years old) and her paternal half-sister (three months old).

Allison stated that her family has no history of mental disorders. She reported that her maternal grandfather abuses alcohol, she stated that her paternal grandparents abuse alcohol, and she reported that her paternal half-brother abuses drugs.

Social History

Allison stated that she has two close friends. She reported that her two close friends used to attend Bowling Green High School, but she reported that they do not attend Bowling Green High School anymore. She stated that her best friend died of Septic Shock in fifth grade. Allison reported that she has a boyfriend, and said they have been dating for five months. She stated that he goes to Warren South High School, and she revealed that he is her best friend.

Allison stated that she enjoys taekwondo, choir, art, swimming, and spending time with her friends. She reported that she enjoys playing with her younger half-sister, watching makeup tutorials and fashion videos on YouTube, drawing, shopping (both in store and online), and Pinterest.

Allison stated that religion was more important to her when she was younger, but reported that it is not as important now. She revealed that she believes in God and stated that she would consider herself a Christian. Allison stated that she attends church on religious holidays such as Easter and Christmas.

Education

Allison reported that she is currently a Junior at Bowling Green High School (Bowling Green, Kentucky). She reported that she makes A's and B's in her coursework. Allison reported that she was on the cheerleading squad at Bowling Green High School for two years (2015 to 2017). She reported that she quit cheerleading this year. Allison stated that she participates in taekwondo.

Allison reported that she was in a gifted elementary class for Language Arts her Freshman year of High School. Allison denied attending special education classes, and denied ever being retained, suspended, or expelled. She reported that her favorite classes are Psychology, English, and Anatomy, and she stated that her least favorite class is Math. Allison said that her attendance

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in school is not good because she enjoys sleeping in. She denied any problems with teachers or peers.

Employment

Allison reported that she currently does not have a job. She reported that she volunteered as a taekwondo instructor for two to three years, but she reported that she does not teach taekwondo classes currently. She denied ever being fired from a job. Allison denied any problems with supervisors or peers.

Financial

Allison stated that she has never been employed, but reported that her father gives her money. She denied that she or her family has ever filed for bankruptcy.

Sexual History

Allison stated that her first sexual experience was when she was 16 years old with her boyfriend. She reported that she has only had one partner, which she reported was her boyfriend. She stated that she is sexually active now, but she reported that she is only active one time a month with her boyfriend. She reported that she and her boyfriend use protection (birth control and condoms). Allison denied any homosexual sexual experiences.

Legal History

Allison denied past or present involvement with the legal system. She denied any previous charges or arrests, and she denied any traffic citations in the previous three years. Allison denied any accidents in the last three years.

Suicide Assessment

Upon direct questioning, Allison denied any suicidal ideation.

Summary

Allison is a 16-year-old Caucasian female who reported a close relationship with her father, and her full sisters (21 and 23 years old) and paternal half-sister (three months). Allison stated that she is no longer close with her mother. She revealed that she is currently a Junior at Bowling Green High School. Allison was open and candid during the interview, and seemed to enjoy discussing her history. No indicators of abnormal behaviors were present. An undiagnosed documented eating disorder (Anorexia Nervosa) was present for Allison (2015), but she does not meet DSM-5 diagnostic criteria for an eating disorder at this time. A documented alcohol use disorder was reported for her maternal grandfather and paternal grandparents, and a documented drug abuse disorder was reported for her paternal half-brother.

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Skyler Green, B.A.
MA Graduate Student

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Licensed Psychologist

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Hypotheses

1. Allison has a close relationship with her father.
2. Allison has an estranged relationship with her mother.
3. Allison has a close relationship with her full sisters.
4. Allison has a close relationship with her paternal half-sister.
5. Allison is a dedicated student who is maintaining her grades at a satisfactory level.
6. Allison is in full remission for Anorexia Nervosa.
7. Allison is unemployed.
8. Allison is open to sharing details of her personal life with most people.
9. Allison's mood and affect are happy.
10. Allison has a limited circle of friends.
11. Allison may meet DSM-5 criteria for Caffeine Use Disorder.
12. Allison may meet DSM-5 criteria for a Specific Phobia related to her fear of fire.