PSY 592-001 Internship Fall 2015

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Office Hours: MW 8:00-9:00; MWF 9:00-10:00; R 2:00-3:00

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Class Time: R 12:45-2:05

In compliance with University policy, students with disabilities who require academic and/or auxiliary accommodations for this course must contact the Student Accessibility Resource Center located in Downing Student Union, 1074. The phone number is 270.745.5004 [270.745.5121 V/TDD] or email at <a href="mailto:sarc@wku.edu">sarc@wku.edu</a>. Please do not request accommodations directly from the professor or instructor without a letter of accommodation (LOA) from The Student Accessibility Resource Center.

Required Textbook:

Sweitzer, H. F., & King, M. A. (2009). The successful internship: Personal, professional, and civic development. Belmont, CA: Brooks/Cole.

### **Course Description/Prerequisites:**

Prerequisite: Permission of Instructor

Field experience for clinical, school, industrial or other psychologists. Required for Kentucky certification. Typically taken in the student's last semester in residence.

## **Purpose:**

This course is a required part of the Clinical Psychology program sequence. A minimum of 600 clock hours of direct services required by the Kentucky State Board of Psychology will be completed. The Clinical Psychology Program Internship is a culminating experience where students are afforded the opportunity to develop a professional identity and move toward assumption of the role of a professional psychologist. Additionally, the internship provides students and supervisors with the opportunity to evaluate student skills and knowledge within a controlled supervised setting.

# **Objectives of the course:**

At the end of this course, you should be able to:

- 1. integrate knowledge and skills in psychology to provide direct services to clients and their families including psychotherapy, behavioral interventions, assessment, and treatment planning;
- 2. demonstrate the ability to build a therapeutic relationship with a variety of clients;

- 3. demonstrate the role of a mental health resource person in identifying and meeting the mental health needs of individuals:
- 4. demonstrate the ability to document services provided and develop treatment plans for clients;
- 5. demonstrate adherence to the professional ethics and practice guidelines as set forth by the American Psychological Association:
- 6. demonstrate sensitivity to individual differences and cultural diversity in the provision of psychological services;
- 7. demonstrate the ability to work collaboratively on intra- and inter-agency staff teams;
- 8. demonstrate the ability to assume the supervisee role within clinical supervision and the ability to work effectively under clinical supervision.

**Evaluation:** Grades for the class will be determined by a joint effort between the University Supervisor and the On-Site Supervisor/Licensed Supervising Psychologist. Each supervisor will provide a grade and the final grade will be determined by averaging the two.

The following percentages of total points (total points for the class = 290) will be used to determine the Classwork Grades for the University Supervisor: >92.5 = A, 92.49-84.5 = B, 84.45-75.5 = C, 75.45-69.5 = D, <69.5 = F. This means that

>268 points = A, 267-245 points = B, 244-218 points = C, 217-201 points = D, <201 points = F.

In addition, each report turned in will be holistically graded from A to F. These grades will be averaged together to provide an average Report Grade. This Report Grade will be averaged with the Classwork Grades for a Final Grade for the class portion. This Final Grade will be averaged with the On-Site Supervisor's grade to determine the grade for the class.

## **Required Activities for Classwork Grades:**

- (1) Attend 15 class periods and participate in the group discussion. Attendance and participation will each be worth 1 point (30 points total).
- (2) Complete activities from the textbook (40 points total).
- (3) Turn in the mid-term and final evaluations from your On-Site Supervisor for 50 points each (100 points total).
- (4) Complete all of the items on the Internship Plan and return them (and the Plan itself) to me. This will be worth 50 points.
- (5) There will also be 30 points for professional behavior. This category will include, but is not limited to, being appropriately dressed to see clients, returning test kits in a timely manner, completing assigned readings for the internship, and completing assessments within the allotted time.
- (6) There will be 40 points available for completing good evaluations. Students will earn 4 points per evaluation completed. Only evaluations that earn an A or a B grade count toward these points; any evaluation earning a C (or worse) grade will not count.

## **Internship Weekly Hour Requirements:**

Each student will be expected to perform an average of 20 hours per week of internship duties. These 20 hours are broken down as such:

- 13 hours per week at the Primary Internship Site
- 1 hour per week of University Supervision
- 6 hours per week at the Psychology Training Clinic

Responsibilities at the Primary Internship Site will be negotiated between the student and the On Site Supervisor. Responsibilities at the Psychology Training Clinic will be negotiated between the student and the Clinic Director. Students should schedule 14 hours on-site at their Primary Internship Site. They may actually complete more hours if there is work they take home. Students will be assigned cases on a rotating basis as they come into the Psychology Training Clinic. Thus, some weeks, students will put in a number of hours in the Clinic; some weeks they will not put in any hours at the clinic. However, clinic hour responsibilities roll over; if students do not put in two hours one week, they owe four hours the next.

#### **Final Grade in the Class:**

The Final Grade for the class will be an unweighted average of the Classwork Grade, a grade by your Onsite Supervisor, and your grade on the Comprehensive Examination.

### **Expectations:**

As a student in this course, you are expected to:

- 1. Complete the *Letter of Agreement* between the Internship Site and Western Kentucky University and file it with the University Supervisor;
- 2. Complete logs of activity that are to be signed by both the University Supervisor and the Primary Field Supervisor/ Supervising Licensed Psychologist and file copies with the University Supervisor;
- 3. Complete the Internship Plan to the best of your ability, including the Professional Development activities;
- 4. Participate in clinical supervision with the Licensed Supervising Psychologist at a minimum for 1 hour of face to face contact for every 18 hours worked. For the supervision process to be highly efficient and beneficial to the intern, the intern must take responsibility for bringing up concerns, problems and/or issues encountered;
- 5. Participate in University supervision with the University Supervisor for the specified times.
- 6. Inform the University Supervisor of any problems that develop while on internship;
- 7. Evaluate the internship including the quality of supervision received and the internship site at the end of the internship experience. These evaluations will be kept confidential and are used to determine the degree to which the site and supervisors are meeting the expectations of the internship;
- 8. Complete the Internship Plan;
- 9. Complete all activities assigned by the Primary Field Supervisor/Supervising Licensed Psychologist;
- Complete all reports and paperwork in a timely fashion. The intern is responsible for completing and revision paperwork until it meets the satisfaction of the Primary Field Supervisor/ Licensed Supervising Psychologist;
- 11. Complete the classwork assignments in a timely manner;
- 12. Take the Comprehensive Examination; and
- 13. Demonstrate appropriate professional conduct by adhering to conduct codes and personnel regulations and procedures of the agency where you complete

the internship experience. As a representative of Western Kentucky University, the intern has an obligation to perform at the highest level of functioning at all times. This includes adhering to the professional codes of conduct and ethics of psychologists as outlined in the APA Guidelines and the appropriate federal and state laws governing their practice. Interns should additionally exhibit good professional skills, professional conduct, and appropriate interpersonal skills.