# Chapter Two: Philosophical Influences on Psychology PSY 495

Dr. Rick Grieve Western Kentucky University *Philosophy from the Greeks to Descartes* 

- Plato and Aristotle
  - o 400 BC to 300 BC
    - Hellenistic Period
      - □ Not much after this until 1200-1300 AD
- Before Plato
  - o 6<sup>th</sup> century BC
    - Critiques of systems of thoughts
    - Beginning of modern Western thought

### Philosophy from the Greeks to Descartes

- o The question of Being vs. Becoming
  - Being
    - □ Beyond the changing world there are external truths
    - □ Ideas have an existence apart from any person
    - □ Foundation of Idealism
    - □ Some argued that ideas were innate
      - Nativists
  - Becoming
    - □ The only constant in the world is change
    - □ Constantly changing and becoming something else
    - □ Ideas are simply mental constructs

- o Rationalism vs. Empiricism
  - Rationalism
    - □ Exercise of reason is the only means by which valid knowledge is created
    - □ Perform logical deductions from intuitively valid premises
  - Empiricism
    - □ Know reality through experience
    - □ Valid knowledge results from experience/observation

### Philosophy from the Greeks to Descartes

- Plato
  - o Idealist and Rationalist
  - o Dualist in regards to mind-body problem
  - o Objects continually change so we cannot really know them
  - o Perception is faulty
    - Can't use it to determine reality
  - o Ideal form for every object

### Philosophy from the Greeks to Descartes

- This form exists in a cave somewhere in the earth
- We have knowledge of the forms, but only when we are dead
- 2 ways to get the knowledge w/o dying
  - □ Contact with real objects jars our memories
  - □ Rational process
    - Socratic Method

#### Philosophy from the Greeks to Descartes Philosophy from the Greeks to Descartes

- Aristotle
  - o On the fence about Being/Becoming and Empiricist
  - o Some say he was the first scientist
  - o Mind-body problem
    - Noted dual aspect of mind/body
    - Stated there was one material reality with two aspects—the physical and the mental

- o 4 types of causes
  - Material causation
  - Formal/essence causation
  - Efficient causation
  - Final cause

- Soul = formal, efficient, and final cause
- Body = material cause
- o Located cognition and motivation in mind rather than the body

## Philosophy from the Greeks to Descartes

- o His idea of empiricism was not complete
  - Did not offer complete confirmation by sensory data
- o Universals
  - Appear to be like prototypes
  - "essences"
- o Focused on purpose of behavior
  - Touch of Functionalism
  - Touch of Behaviorism

### Philosophy from the Greeks to Descartes

- Three laws of association
  - □ Similarity
  - □ Contiguity
  - □ Contrast
- o Need for repetition in learning
- o Aristotle died in 323 BC
- Final comments on Plato/Aristotle
  - o Modern-sounding ideas
  - o Some were off the mark, but give them credit for trying

- Others in the Hellenistic Period
  - o Atomists ruled
    - Emphasize becoming and empiricism
      - □ With a strong emphasis on materialism, determinism, and reductionism
  - o Very scientific age
  - o Ptolemy & Galen
    - Anatomical, botanical, and astronomical work
  - o Hellenistic Stoicism
    - Materialism and monism
    - Wanted to reduce human psychology to physical matters

### Philosophy from the Greeks to Descartes

- o As Rome deteriorated, people's lives got worse
  - Turned to religion to help
  - Christianity comes out on top of the heap and the Age of Faith begins
- Age of Faith
  - o Big Question:
    - How to reconcile Christianity with philosophy
  - o St. Augustine (345-420)
    - One of first to try to do this

### Philosophy from the Greeks to Descartes

- Combined Christianity with Platonic ideals
  - □ Put Plato's forms in God's mind
  - □ Very much a mystic
  - □ Stated that heaven, God, souls, and angels could only be known through introspection
    - · No science is possible in this context
  - ☐ He believed that science should not be concerned with things you can see
    - No emphasis on the self
    - Felt science should emphasize the supernatural
  - □ Each physical object represents something supernatural
    - · Therefore, is an imperfect form

### Philosophy from the Greeks to Descartes

- □ God is the ultimate truth
  - · Mind is concerned with things that are not discernable through observation
  - · We can only know truth through rationalism
  - · However, faith can elevate the comprehension of the ultimate truth
- o Augustinian thinking dominated for the next few centuries
  - However, by then people were so unknowledgeable that they had machines that they did not know how to use

- o Charlamange (760-800)
  - Attempted to restore knowledge
- o Fall of Constantinople
  - Knowledge reintroduced to Europe
  - When Plato, Aristotle and the boys are reintroduced they are so far advanced that they were taken as authoritative
- o Concept of individual was reintroduced into philosophy

But not really studied (cf., Augustine)

### Philosophy from the Greeks to Descartes

- o St. Thomas Aquinas (1225-1274)
  - Synthesized Aristotle and Christianity
    - □ Eventually his ideas overtook those of Augustine
  - Emphasized naturalism and empiricism
    - □ God is indirectly known through his works in the world
      - Thus, philosophy and religion could be separate yet compatible
  - Led to the destruction of theological metaphysics
    - □ Ideas in the mind of God

### Philosophy from the Greeks to Descartes

- Transition from the Age of Faith to the Renaissance
  - o Ockham (1290-1345)
    - Revised empiricism
      - □ Knowledge comes from experiencing and knowing objects in the real world
      - □ No universals
        - · Only exist in the mind
    - Ockham's Razor
      - □ Felt that adding religion to philosophy only adds extra baggage

### Philosophy from the Greeks to Descartes

- □ All things being equal, the simplest (most parsimonious) explanation is the best
- o Roger Bacon (1214-1272)
  - Ideas should be based on experience, not authority
  - Tried to account for all aspects of experience
    - □ Physiological, mental, etc.
    - □ Did not isolate crucial aspects of reality
- o Copernicus (1473-1543)
  - Besides placing sun at the center of the universe, he philosophically agreed with Aquinas

- o Other important scientists involved in the transition
  - Brahe (546-1601)
  - Johannes Koeppler (1571-1630)
  - Galileo (1564-1642)

### The Renaissance: Working in the Spirit of Mechanism

#### Mechanism

- o Mechanical items were becoming commonplace in the 17<sup>th</sup> century
  - Clocks were the impetus
- o Doctrine that natural processes are mechanically determined and capable of explanation by the laws of physics and chemistry

#### The Renaissance: Working in the Spirit of Mechanism

- o Originated in phsyics
  - Work of Galileo and Isaac Newton
- o Everything in the universe was composed of particles of matter in motion
  - Therefore, every physical event follows from a direct cause
  - These effects are subject to the laws of measurement and should be predictable
  - Operation of the physical universe is orderly, like a clock

### The Renaissance: Working in the Spirit of Mechanism

- Once the laws that governed the universe are understood, can make predictions about what will happen in the future
- o Observation and experimentation became the distinguishing features of science
  - Followed closely by measurement
  - Attempted to define every phenomenon by assigning it a numerical value

## The Renaissance: Working in the Spirit of Mechanism

- The clockwork universe
  - o Clock was the metaphor for 17<sup>th</sup> century spirit of mechanism
  - o Began to consider clocks as models for the universe
  - o Harmony and order in the universe were related to clocks' regularity

### The Renaissance: Working in the Spirit of Mechanism

#### Determinism and Reductionism

- o Determinism
  - Acts are determined by past events
- o Reductionism
  - Explains phenomena on one level in terms of phenomena on another level 
    □ Clock analogy again
- Automata
  - o Toy of the 17<sup>th</sup> century
  - o Used as an analogy for human behaviors

### The Renaissance: Working in the Spirit of Mechanism

- The calculating engine
  - o Charles Babbage
  - o Rudimentary computer from the 1820's-1830's
  - o Analytical Engine
    - Tabulate values of math functions
    - Play chess and checkers
    - Memory capacity that held intermediate results until they were needed to complete a calculation
      - □ Used punch cards as the memory source

#### The Renaissance: Working in the Spirit of Mechanism

- o Working on a Difference Engine but ran out of funding
  - Subtract, multiply and divide
- o British government finished the engine in 1991
  - It worked flawlessly
- o Again, this was used as an example of mechanism

### The Beginnings of Modern Science

- Empiricism and Descartes
  - o Empiricism
    - Pursuit of knowledge through the observation of nature and the attribution of all knowledge to experience
      - □ Focused on experimentation
    - Strong proponent was Rene Descartes
      - □ Symbolized the transition to the modern era of science

- □ Ushered in era of modern psychology
  - If he didn't create it, he sure set the stage for it to occur

### The Beginnings of Modern Science

- Rene Descartes
  - o Interested in applying scientific knowledge to practical concerns
  - o Mathematical principles can be applied to all of the sciences
    - Wrote extensively on mathematics and philosophy

### The Beginnings of Modern Science

- Mind-Body Problem
  - o The question of the distinction between mental and physical qualities and how the two types of qualities interact
  - o Before Descartes, the accepted theory was that the mind exerted enormous influence on the body, but not vice versa

### The Beginnings of Modern Science

- o Descartes' position
  - Mind and body are distinct but each influence the other
    - □ Body exerts a much greater effect than previously thought
    - □ Body takes on greater importance
      - Functions such as reproduction, perception and movement were attributed to the body rather than the mind
    - □ Mind has single function:
      - · thought

### The Beginnings of Modern Science

- Diverted attention from abstract theological discussion of the soul to the scientific study of the mind and mental processes
  - □ Methodology changed
- Body has extension—takes up space
- Mind is unextended and lacking in physical substance
- The Nature of the body
  - o Because the body is composed of physical matter, it must possess the characteristics of matter

### The Beginnings of Modern Science

- Extension in space and capacity of movement
  - □ Laws of physics and mechanism must apply to the body
- Body is like a machine
  - □ Explained physiological functioning in terms of physics
    - Compared to automata
  - □ undulatio reflexa
    - · Movement not supervised or determined by a conscious will to move
  - □ Theory of reflex action
    - · An external object can bring about an involuntary response

### The Beginnings of Modern Science

- The Mind-Body Interaction
  - o Mind is nonmaterial
  - o Capable of thought and consciousness
  - o Provides us with information about our external world
  - o Most important quality is its ability to think
  - o Mind can be influenced by the body

## The Beginnings of Modern Science

- o Point of interaction between mind and body
  - Mind is unitary; therefore it must interact with only one part of the body
  - Must be in the brain
  - Only one brain structure that is unitary
    - □ Pineal body
- Doctrine of Ideas
  - o Mind produces two kinds of ideas:
    - Derived ideas
      - □ Ideas produced by the direct application of an external stimulus

### The Beginnings of Modern Science

- Innate ideas
  - □ Ideas that arise from the mind or consciousness, independent form sensory experiences or external stimuli
- o Led to the idea that perception is innate rather than learned

- Advancing in Psychological Study
  - o Positivism
    - The doctrine that recognizes only natural phenomena or facts that are objectively observable
      - □ Everything that was speculative, inferential or metaphysical was not science
      - □ August Comte (1798-1857)
        - Limited work to those facts which were determined solely through the methods of science

#### Empiricism and Associationism: Acquiring Knowledge Through Experience

- **2** kinds of propositions
  - □ Sense
  - □ Nonsense
- o Materialism
  - Doctrine that considers the facts of the universe to be sufficiently explained by the existence and nature of matter
    - □ Even human consciousness
- o Empiricism
  - Pursuit of knowledge through the observation of nature and the attribution of knowledge to human experience

#### Empiricism and Associationism: Acquiring Knowledge Through Experience

- All knowledge comes through the senses
- Operational definition
  - □ Centers on the notion that the concept being referred to must be, in principle, observable
- o Positivism, materialism, and empiricism became the philosophical foundations of the new science of psychology

#### Empiricism and Associationism: Acquiring Knowledge Through Experience

- John Locke (1632-1704)
  - o Philosopher
  - o Champion of liberalism in government
  - o An Essay on Human Understanding (1690)
    - Beginning of British empiricism
  - o Concerned with how the mind acquires knowledge
  - o Rejected the existence of innate ideas
    - At birth, humans have no knowledge whatsoever
      - □ Aristotle—tabula rasa

- o Sensation and perception
  - There are two kinds of experience—one from sensation and one from perception
  - Ideas derived from sensations
    - □ Come from direct sensory input
    - □ Simple sense impressions
    - □ These impressions operate on the mind, but the mind also operates on them and forms ideas
    - □ Reflection is dependant upon sensation

#### Empiricism and Associationism: Acquiring Knowledge Through Experience

- o Simple and complex ideas
  - Simple idea
    - □ Elemental ideas that arise from sensation and reflection
  - Complex ideas
    - □ Derived ideas that are compounded simple ideas
- o Theory of Association
  - Knowledge results from the linking or associating of simple ideas into complex ideas
  - Reduction of mental events into simple ideas or elements formed the core of the new psychology

#### Empiricism and Associationism: Acquiring Knowledge Through Experience

- o Primary and secondary qualities
  - Primary qualities
    - □ Characteristics such as shape and size that exist in an object whether or not we perceive them
  - Secondary qualities
    - □ Characteristics such as color and odor that exist in our perceptions of an object
  - Taken from Galileo
  - Agrees with mechanistic position
  - Locke recognized the subjectivity of much of human perception

#### Empiricism and Associationism: Acquiring Knowledge Through Experience

- George Berkeley (1685-1753)
  - o Philosopher
  - o An Essay Towards a New Theory of Vision (1709)
  - o A Treatise Concerning the Principles of Human Knowledge (1710)
  - o Argued that perception is the only reality

No such thing as primary qualities; only secondary qualities

#### Empiricism and Associationism:

#### Acquiring Knowledge Through Experience

- Mentalism
  - □ Notion that all knowledge is a function of mental phenomena
- Perception is the only reality of which we can be sure
  - □ Cannot know with certainty the nature of physical objects in the experiential world
  - Object is the accumulation of sensations experienced concurrently so they become associated in our mind by habit
- No mental quality of which we can be sure
  - □ Take away the perception, the quality disappears

#### Empiricism and Associationism:

#### Acquiring Knowledge Through Experience

- Because all experience is within ourselves, we can never know precisely the physical nature of objects
- God is the only being with perfect perception
- o Association of sensations
  - Knowledge is a construction of simple ideas or mental elements that are bound together by the mortar of association

#### Empiricism and Associationism: Acquiring Knowledge Through Experience

- David Hume (1711-1776)
  - o A Treatise on Human Nature (1739)
  - o Supporter of Locke's notion of compounding simple ideas into complex ideas
  - o Agreed with Berkeley that the material world did not exist until it was perceived
  - o Went a step further:
    - Argued that there is no way of knowing whether or not there was anything outside of our own minds

#### Empiricism and Associationism:

#### Acquiring Knowledge Through Experience

- o Impressions and ideas
  - Impressions
    - □ Basic elements of mental life
  - Ideas
    - □ Mental experiences we have in the absence of any stimulating object
  - Impressions are strong and vivid while ideas are weak copies of impressions
  - Both may be simple or complex
    - $\ \square$  Simple idea will resemble simple impression
    - □ Complex idea may not resemble any complex, or even simple impression

- o Two laws of association
  - Law of Resemblance
    - ☐ The more similar two ideas are, the more readily they will be associated
  - Law of Contiguity
    - □ The more closely linked two ideas are in time or place, the more likely they will be associated

#### Empiricism and Associationism: Acquiring Knowledge Through Experience

- David Hartley (1705-1757)
  - Observations on Man, His Frame, His Duty, and His Expectations (1749)
  - o Association is made by contiguity and repetition
    - Ideas or sensations that occur together, either simultaneously or successively, become associated such that the occurrence of one leds to the occurrence of the other
    - Used to explain everything from memory to action

#### Empiricism and Associationism:

#### Acquiring Knowledge Through Experience

- o Influence of mechanism
  - Attempted to explain physiological processes in mechanistic terms
- James Mill (1773-1836)
  - o Analysis of the Phenomena of the Human Mind (4829)
  - o The mind as machine
    - Applied concept of mechanism to the mind
    - Goal was to destroy the idea of of subjective or psychic activities

#### Empiricism and Associationism:

#### Acquiring Knowledge Through Experience

- Mind is a passive entity that is acted on by external stimuli
- o Mind should be studied by the method of analysis
- o Sensations and ideas are the only mental components that exist
- o Mind has no creative function
  - Association is an automatic, passive process
    - □ Sensations that occur together will be reproduced as ideas
    - □ Ideas are merely the accumulation of individual mental elements

#### Empiricism and Associationism: Acquiring Knowledge Through Experience

- John Stuart Mill (1806-1873)
  - o Mental chemistry

- Argued against the mechanistic position
- Argued that the mind plays an active role in the association of ideas
- Complex ideas are not simply the summation of simple ideas through the process of association
  - □ Complex ideas take on new qualities not found in simple elements

- Creative synthesis
  - □ Notion that complex ideas formed from simple ideas take on new qualities; the combination of mental elements creates something greater than the sum of the original elements

#### References

- "Analytical Engine" (2000). *Microsoft® Encarta® Online Encyclopedia 2000*. Retrieved January 22, 2001, from the World Wide Web: http://encarta.msn.com
- Schultz, D. P., & Schultz, S. E. (1996). A history of modern psychology (6<sup>th</sup> edition). Ft. Worth, TX: Harcourt Brace Publishers
- Schultz, D. P., & Schultz, S. E. (2004). A history of modern psychology (8<sup>th</sup> edition). Ft. Worth, TX: Harcourt Brace Publishers.