

PSY 442 Take Home Questions 2

Directions: Answer one of the questions from each section. Questions in Section A can be answered in approximately 2 pages and are worth up to 15 points. Questions in Section B can be answered in approximately 1 to 1½ pages and are worth up to 10 points. Questions in Section C can be answered in approximately 1 page and are worth 5 points. Your answers should be typewritten and double-spaced. Make sure your responses adequately address all aspects of the question. Be sure to review the web page for specific directions and guidelines for answering questions. Your name should only appear on the Identity Code Sheet, which should be stapled to the back of your answers.

Answers are due on Friday, March 23, 2018, at the beginning of class time.

Section A

1. Describe the Stages of Change model. Discuss the major goals and topics of each stage. What is the importance of the Stages of Change model?
2. Discuss the three conditions that Carl Rogers identified as “necessary and sufficient” for therapeutic change. Describe each of the conditions. Discuss whether these conditions are “necessary and sufficient.”

Section B

3. Discuss the importance of using silence therapeutically. What are some guidelines for using silence?
4. Discuss using directive listening responses. How and why are they useful. Discuss important considerations for using directive listening responses.

Section C

5. Provide a fictitious therapy transcription that includes at least one example of transference by the client and one example of empowerment by the therapist.

Extra Credit Opportunity:

6. Who is the current president of the American Psychological Association and who is the current president of the Kentucky Psychological Association? Be sure to indicate who is who. (2 pts)

Create an Identity Code:

Give me a code that is at least 5 digits in length. There should be both letters and numbers in this code. (I reserve the right to ask people to change their codes if necessary.)

Write your Identity Code here: _____.

Attach this sheet to the back of your answers. Your name should not appear anywhere else in your answers.

_____ Please post my Grade by the Identity Code

_____ Do not post my Grade by the Identity Code

Printed Name

Date

Signature

WKU ID