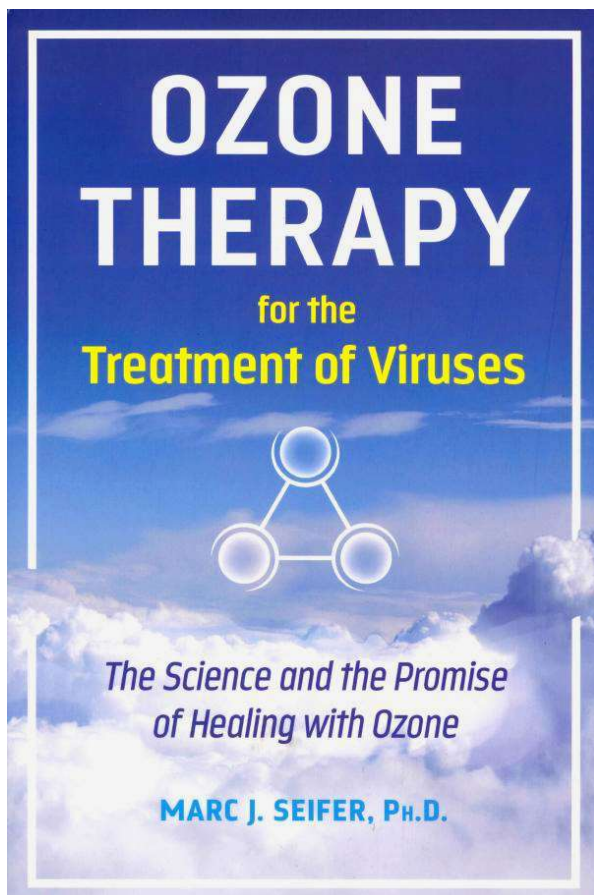


‘Ozone Therapy’ makes compelling case

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“Ozone Therapy for the Treatment of Viruses: The Science and the Promise of Healing with Ozone” by Marc J. Seifer. Rochester, VT: Healing Arts Press, 2023, 288 pages, \$19.99.



“One of the earliest scientists to recognize the disinfectant qualities of ozone was the well-known German industrialist and electrician Werner von Siemens, who in 1857 invented an ozone generator made from a glass induction tube charged with a high voltage by a Ruhmkorff coil that produced ozone when passing oxygen through it,” Marc J. Seifer explains near the beginning of “Ozone Therapy for the Treatment of Viruses: The Science and the Promise of Healing with Ozone,” his remarkable new primer and expose on a medical approach with tremendous but as yet unrecognized potential to change the way we deal with an increasingly common health threat. “He used this newly discovered gas to destroy microbes and bacteria. Publishing his work, which established a fairly easy way to generate ozone right from the air, Siemens helped expand interest in the field in two distinct ways: creating machines to produce ozone and exploring the disinfectant properties of the gas.”

“Numerous studies spanning over a century have found great efficacy in using ozone therapy, whether through the MAH {Major Autohemotherapy} or DIV {Direct Intravenous}

method, to treat a variety of viral-based diseases, parasitic attacks, and bacterial infections,” he continues toward the end of the chapter. “Ozone therapy can also be used to disable the so-called superbugs that often invade hospital settings. Consider what would happen if a new virus were to emerge that killed like Ebola and spread like COVID and modern society continued to ignore the efficacy of ozone therapy.”

“Today’s pandemic can be seen as a warning,” the author cautions. “Will we wake up and allow a safe medical procedure to become as commonplace as receiving a flu shot, or will we continue to succumb to the blind and wrongheaded belief perpetuated by certain government agencies that ‘ozone is a toxic gas with no medical application’?”

Good question. And one that I believe Seifer successfully answers in considerable detail on the pages that follow this eye-opening and admonitory recent release.

As is the case with the author’s previous efforts along similar lines of inquiry, “Ozone Therap is extensively researched, with 15 pages of source notes at the conclusion of the main narrative. Structurally, the book consists of an Introduction and 15 relatively succinct chapters arranged in three major sections (Part I: Innovation and Suppression; Part II: The Research; and Part III: The Path Forward). Whereas the bulk of the manuscript is written by Seifer, several chapters - especially

those dealing with the more technical and nuanced dimensions of the topic - are contributions by experts such as Louise Pyper, head content manager at the medical technology company Salvagente, who wrote “Physiological Effects of Ozone Therapy on the Body,” the seventh chapter, and Gerard Sunnen, a medical doctor/researcher credited with publishing the first world literature review on using oxygen-ozone mixtures as clinical tools, who penned “MERS, SARS, Coronaviruses: Theoretical Considerations for Critical Care Oxygen/Ozone Therapy,” the eight chapter.

I was particularly intrigued by the inclusion of an Appendix, aptly named “Taking Action,” comprised of the author’s correspondence with key political and scientific figures, including several heads of state. For example, in a letter to President Biden, dated February 7, 2021, he explained that “both the FDA and the FTC have made a coordinated effort to shut down the one treatment that Mother Nature has given us to kill viruses. In 2001, chemist Paul Wentworth discovered that our antibodies produce ozone for the express purpose of disabling incoming pathogens such as bacteria and viruses.” By-the-way, he did receive a response, but it was of the generic “Thank you for taking the time to share your suggestions with me” variety no doubt composed by White House staff.

Perhaps the President should give Seifer’s recommendations more weight, given the potential that we may have to face threats even more deadly than COVID in the coming years. Reflect on this excerpt from “A Wake-Up Call,” the concluding chapter:

“Should a new virus emerge that kills like Ebola and spreads like COVID, civilization could not afford the time to wait for a vaccine to be developed. Instead of a million American deaths, that number would be multiplied by a factor of as much as thirty, so instead of seeing one thousand people dying per day, that figure would easily be thirty thousand per day, over two hundred thousand per week, ten million or more people dying per year! If that were the case, rushing to the local market to squirrel up toilet paper would be a chump-change move compared to what society would really be facing.”

A retired teacher of psychology and forensic graphology at Roger Williams University in Bristol, Rhode Island, Seifer’s work has been featured in The New York Times, Wall Street Journal, The Washington Post and MIT’s Technology Review; his articles have appeared in Wired, Civilization, The Historian, Extraordinary Science and Psychiatric Clinics of North America. His resume includes stints with the Rhode Island Attorney General’s Office and Crime Laboratory, the Department of Defense, Undersea Warfare, United Parcel Service, and numerous banks, insurance agencies, and lawyers. In addition to several novels, his previous nonfiction books include “Tesla: Wizard at War: The Genius, the Particle Beam Weapon, and the Pursuit of Power,” which I reviewed for the Daily News last December, “The Definitive Book of Handwriting Analysis: The Complete Guide to Interpreting Personalities, Detecting Forgeries, and Revealing Brain Activity Through the Science of Graphology,” as well as “Transcending the Speed of Light: Consciousness, Quantum Physics, and the Fifth Dimension,” with Stanley Krippner, and “Where Does Mind End?: A Radical History of Consciousness and the Awakened Self,” with Uri Geller.

In the final analysis, Seifer makes an exceptionally compelling case that we have a safe and effective therapy for combatting the kinds of health emergencies we are likely to experience in the near future. The only obstacles preventing us from realizing the proven benefits of ozone therapy are the usual suspects: misinformation, conspiracy theories, politics and money. As he makes abundantly clear, we need to be better. Highly recommended.

Reviewed by Aaron W. Hughey, University Distinguished Professor, Department of Counseling and Student Affairs, Western Kentucky University.