Chapter 6 - Interview Overview

The Structural Model for a clinical interview recommended by Shea includes the following:
- Introduction
- Opening
- Body
- Closing
- Termination

Chapter 6 - Interview Overview

The Introduction phase includes:
- Telephone contact
- The initial face-to-face meeting
- Rapport building
- Sensitivity to common client fears
- Putting the client at ease
- Conversation and small talk
- Educating clients and evaluating their expectations
Chapter 6 – Interview Overview

- The Opening includes:
  - The interviewer’s opening statement
  - The client’s opening response
  - Evaluating client verbal behavior during the opening

Chapter 6 – Interview Overview

- 5 Minute Reflection
  - Get together with a partner or small group
  - Based on Multicultural Highlight 6.1 discuss your individual perspectives on where the “problem” resides. Is it more caused by society or do you believe more in the medical-disease model?
  - Bring your insights back to the class

Chapter 6 – Interview Overview

- The Body includes:
  - Using clinical judgment to make inferences
  - Defining psychological and emotional disorders
  - Applying interventions
Chapter 6 - Interview Overview

The Closing includes:
- Reassuring and supporting your client
- Summarizing crucial themes and issues
- Providing an early interpretation
- Establishing a collaborative treatment plan
- Instilling hope
- Guiding and empowering your client
- Tying up loose ends

Chapter 6 - Interview Overview

The Termination includes:
- Watching the clock
- Guiding or controlling termination
- Facing termination