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**Psy 660
Western Kentucky University
Confidential Psychological Evaluation**

Name: Cinderella	Date of Birth: 01-26-77
Chronological Age: 27 yrs., 7 days	Date of Evaluation: 02-02-04
Examiner: Ima Student	Date of Report: 02-03-04

REASON FOR REFERRAL:

Cinderella volunteered to be a testing participant for the training of graduate students in the field of Clinical Psychology.

BACKGROUND INFORMATION:

Cinderella is a 27-year-old African American female. She is currently enrolled at Western Kentucky University.

BEHAVIORAL OBSERVATIONS:

Cinderella arrived to the testing session in comfortable attire (jeans and a sweater), and appeared to have good hygiene. She is of average height and weight, with a medium build. Cinderella wrote with her right hand. She was very polite. She initiated conversation and elaborated when answering questions. She seemed very friendly, compliant, and glad to help with the graduate student training. She did not appear nervous or anxious during any part of the testing. She remained attentive and alert throughout the entire testing session and seemed to understand tasks and directions. There was also no evidence of any hallucinations or delusions, and she seemed fully oriented at all times. Her motivation for testing was good; therefore, the tests are considered a valid assessment of her psychological functioning.

TESTS ADMINISTERED:

Bender Visual Motor Gestalt Test, 2nd Edition (BVMGT-II)
House-Tree-Person Projective Test (HTPP)

TEST RESULTS:

Bender Gestalt Visual Motor Test, 2nd Edition (BGVMT-II)

Cinderella was administered the BGVMT to assess her perceptual-motor capabilities. Cinderella received a standard score of 116 on the Copy Phase, which places her ability in the 77th percentile. There was a 95% confidence interval of 110 to 120, which means that, if she were tested 100 times, her score would fall in this range 95 times. This score falls within the High Average range of functioning. She received a standard score of 102 on the Recall Phase, which places her ability in the 54th percentile. There was a 95% confidence interval of 95 to 112. This score also falls within the Average range of ability. These scores indicate that she has no problems with visuo-spatial functioning.

House-Tree-Person Projective Test (HTPP)

The HTPP is a projective measure of broad psychopathology. Cinderella put forth good effort on the drawings; therefore, the assessment is considered a valid measure and can be interpreted.

The first drawing generally holds themes that relate to the person's ideal self. Cinderella's first person was a female. The drawing is very cartoonish and irregularly shaped, much like a child's drawing. The drawing is very large and is located in the upper-left corner of the paper. This symbolizes narcissism, grandiosity, authority, power struggles, rumination over the past, frustration, and unrealistic striving. The drawing has a very large head, which signifies regression. The long legs and narrow stance are indicative of feelings of grounding, stability, submissiveness, and immaturity. The figure has a constricted waistline, which usually denotes explosiveness. In Cinderella's case, it may indicate unexpressed or unrecognized anger. The emphasis on the individual's hair is symbolic of sexual concerns, and the petal-like fingers indicate immaturity. Cinderella stated that this individual is posing for a picture. This implies putting up an outward front, or covering up true feelings.

The second drawing usually holds themes related to how the individual views others and/or the relationships the person has with others. Cinderella drew a male for this drawing. The figure is small, placed in the upper-left corner, has a short neck, shrunken legs, and an emphasis on the figure's hair. These characteristics imply withdrawal, insecurity, inadequacy, immaturity, helplessness, and loss of autonomy. Thus, it appears as though Cinderella sees herself as undesirable or inhibited in some way when interacting with other people. She stated that the man was thinking about how good he looked and was getting ready to go on a date with his girlfriend, which implies that she sees the opposite sex as focused on themselves, and that she endorses traditional gender roles.

The tree drawing represents the person's perception of the environment. Cinderella's tree is relatively small and somewhat distorted. A small, distorted tree is representative of environmental pressures, and is symbolic of withdrawal, insecurity, discontent, regression, and anxiety. Her tree has many broken and crooked/squiggly lines, but lacks overall detail. This denotes withdrawal. The excessive branches indicate a compensation of some sort, and the cloudlike leaves are symbolic of fantasy. The number of branches also signifies a feeling of being overwhelmed by incoming stimuli and outside pressures. The narrow base of the tree implies a loss of control. The lack of roots and addition of extra plants around the tree emphasizes feelings of insecurity and a need for protection and balance. Cinderella stated that the weather around the tree was stormy, indicating that she perceives her environment as threatening.

The house drawing is representative of the drawer's unconscious rendition of his or her family structure/relationships. Cinderella's house drawing was overly simplistic and minimal. This reflects feelings of inadequacy. It is very small, and like her other drawings, implies insecurity, withdrawal, discontent, and regression. The chimney reflects warmth in the home, but the excessive smoke coming from it denotes that there may be also be heated emotions such as anger present between family members. The very small front door indicates reticence, inadequacy, and indecision. The lack of windows signifies that the family, potentially Cinderella, feels the need to maintain a secret or be closed off from outside intrusion. The walkway also signifies withdrawal. Cinderella stated that the house needed more flowers. This indicates a longing for embellishment or excitement in her life and her surroundings.

The last drawing was of Cinderella and her family participating in a shared activity. This drawing represents the perceived conscious relationships among her family. Figure 5 was a drawing of Cinderella's family. Cinderella's drawing shows her and her sister listening to music. Since Cinderella and her sister are the only ones in the picture, it denotes a lack of family support, or the absence of a family support system altogether. The drawing is placed in the lower-left portion of the page, which symbolizes withdrawal, regression, rumination over the past, depression, insecurity, and inadequacy. Cinderella's rendition of herself appears very ambiguous. The figure has eyes, but no pupils are indicated. This signifies that she is trying to hide or withdraw from something within the family. She indicated that her clothing was name brand. Again, this emphasizes hiding behind an outward appearance. The gender of this figure is very ambiguous, which reiterates the gender or role conflicts present for this individual. Also, the feet of both people in the drawing are disconnected from the legs. This appears to imply a lack of control over the future, not knowing where she's going, and feelings of helplessness.

SUMMARY:

Cinderella is a 27-year-old African American female who volunteered to be a testing participant in the training of graduate students. She scored Average on the Copy and Recall phases of the Bender Gestalt Visual Motor Test. Cinderella's performance on the House-Tree-Person Projective Test shows the continuing themes of withdrawal, inadequacy, and insecurity. There was a lack of variation across her pictures, which seems to show a sense of monotony and unimportance in this client's life. In Cinderella's people drawings, she stated that both the male and the female are in their 30's. She is 27. The figures are drawn in a very child-like manner, with much of the symbolism pointing toward immaturity and/or being characteristic of drawings done by children. All of this may signify that Cinderella is fearful of growing older. She may be trying to hold on to something she lost, or grasping at something she never had (innocence, ideals, dreams). She may feel like she's wasting her life, running out of time to reach her goals, or helpless in obtaining these goals/dreams (especially indicated by the disconnected feet in her family drawing). She may doubt her self-worth and withdraw as a result of these feelings of inadequacy and low self-esteem.

HYPOTHESES:

1. Cinderella has no indication of visual-motor difficulties.
2. Cinderella is showing severe signs of withdrawal and regression.
3. Cinderella may be having trouble with her self-concept, and identifying/coming to terms with/changing her role in life.
4. Cinderella shows feelings of insecurity, inadequacy, and potentially depression.
5. Cinderella is having difficulty with feelings of helplessness/hopelessness, monotony, and lack of control in her life.
6. Cinderella expresses, through her drawings, feelings of unimportance, low self-esteem, and a longing to gain meaning/importance in her life.

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