

**\*NOTE: This is only a template. The information does not represent any real student.**

### Confidential Psychological Evaluation

Name: Donald Duck

Dates of Evaluation: 9/13/03 and 10/21/03

Date of Birth: July 16, 1989

Age: 14 years

Race: Caucasian

Sex: Male

Examiner: Fuzzy Wuzzy

**REASON FOR REFERRAL:** Donald Duck is a 14-year-old Caucasian male who volunteered for an assessment of his personality to assist a graduate student in training.

### **BACKGROUND INFORMATION:**

Emotional/Psychological. Donald reported that he is typically in a good mood. He stated that he is “a normal person,” and that others see him as a normal person as well. Donald stated that he adjusts “well and pretty quickly” to new situations. He stated, “I try to deal with stress that best I can and I don’t talk to anyone unless it is serious.” Donald and his mother both denied that he had ever received mental health services in the past. Upon direct questioning, Donald denied any current or past suicidal ideation. Both Donald and his mother denied any history of mental disorders or drug and alcohol abuse in the family.

Family History. Donald reported that he is from Warren County in Kentucky. He stated that he currently lives with his mother, father, and half-brother. Donald reported that his brother is 20 years old, and that they get along pretty good except when fighting over the television occasionally. Donald stated that he has good, close relationships with his family and his mother concurred with this statement. He revealed that he plays baseball with his father every weekend. Donald reported that he is growing up in a supportive environment. He revealed that he has chores that he is expected to do which include cleaning his room and feeding the cats.

Social History. Donald’s mother reported that he has “many friends,” with whom he spends a great deal of time talking to on the telephone and the Internet. Donald stated that he has two best friends and that they are all on the same baseball team together. He also reported that they get along very well. Donald revealed that he and his friends spend a great deal of time “playing ball and videogames.” According to both Donald and his mother, a great deal of his time is occupied with sports. Donald reported that he is actively involved with his school’s baseball, basketball, and soccer teams. Donald’s mother also reported that Donald enjoys taking part in events with the church.

Educational History. Donald reported that he is currently in the eighth grade at Warren County Middle School. Donald’s mother revealed that he does very well in school and takes many honors classes. While Donald reported that he has “always made As or Bs” in his classes, his mother elaborated stating that “all his grades are 90% and above.” Donald revealed that he likes school. He stated that his favorite subject is pre-Algebra and his least favorite subject is Physical Science. Both Donald and his mother reported that he has good attendance, missing school only when he is sick. Donald denied any problems with his peers or teachers. His mother stated “he gets along well with his peers, teachers, and other adults.”

Employment History. Donald reported that he has never held a job.

Financial. Both Donald and his mother denied any financial issues or bankruptcy.

Physical Health. Donald reported that he is currently in good health. His mother revealed that he has been having difficulty with asthma and is prescribed Singulair in addition to a rescue inhaler, Albuterol, for the issue. Both Donald and his mother reported that he was hospitalized at the age of seven years. His mother indicated that Donald had fallen out of a tree in the backyard and landed on his back. Although Donald’s mother reported, “it was nothing serious,” she reported that he suffered a concussion and had “a huge bump on the back of his head.”

Both Donald and his mother denied other serious illnesses or accidents. They also indicated that he does not take any medication.

Sexual History. Donald denied any type of sexual involvement.

Alcohol and Drug Use. Donald and his mother both denied the use of drugs and alcohol.

Legal History. Both Donald and his mother denied any history of legal problems.

Suicide Assessment. Donald reported no present or past thoughts of suicide.

**BEHAVIORAL OBSERVATIONS:** Donald arrived at all appointments on time. He showed no difficulties with ambulation and willingly accompanied the evaluator to the testing room. He was dressed casually in jeans and a t-shirt, and his hygiene appeared to be appropriate. He demonstrated good posture, appeared to be in good health, and had good eye contact. He was of average height and weight, with an athletic build. Donald was oriented to person, place, time, and purpose. He was open during the assessment, spontaneously answered questions, and elaborated when necessary. He worked carefully but confidently on the tests. There was no indication of anxiety or nervousness. His overall mood was appropriate for the assessment, and he showed no difficulties when faced with failure. His volume, tone, and rate of speech were normal. He showed no signs of incoherence, blocking, circumstantiality, or loosening of associations. His thought content was logical and directed toward the topic of conversation. There was no evidence of hallucinations or delusions. The test results appear to be a valid indicator of Donald's abilities.

**PSYCHOLOGICAL EVALUATION:**

Behavior Assessment System of Children, Self-Report of Personality (BASC-SRP)

Behavior Assessment System of Children, Parent Rating Scale (BASC-PRS)

Bender Gestalt Visual Motor Test 2<sup>nd</sup> Edition (BGVMT-II)

Clinical Interview

House, Tree, Person Projective (HTPP)

Mini-Mental Status Exam (MMSE)

Minnesota Multiphasic Personality Inventory-Adolescent (MMPI-A)

Wechsler Intelligence Scale for Children-4<sup>th</sup> Edition (WISC-IV)

Wide Range Achievement Test-3<sup>rd</sup> Edition (WRAT3)

**MENTAL STATUS:**

Appearance, Attitude, Activity. Donald was of average height and weight, with an athletic build. He was always dressed appropriately in jeans and a t-shirt. He displayed good posture and showed no difficulty with ambulation. Donald was cooperative and displayed a positive attitude towards testing, listening attentively and following all directions properly. He displayed proper levels of motivation.

Mood and Affect. Donald was friendly and polite throughout the testing session. His affect appeared to be appropriate for the setting. He showed no outward frustration during the session.

Speech and Language. Donald spoke in normal tone with normal volume and rate. His enunciation was appropriate. His vocabulary was simple. His manner of discussion was spontaneous and he answered questions to the best of his ability.

Thought Process, Thought Content, Perception. Donald showed that he was thinking clearly by both reading and writing a simple sentence and following a three-step command. There was no evidence of loose associations, hallucinations, delusions, or suicidal or homicidal ideations during the evaluation. His thought content was logical and directed toward the topic of conversation.

Cognitive and Memory Functioning. Donald's memory functioning was good. On the MMSE, Donald was able to recall three items immediately after presentation as well as after a short delay. He was able to complete serial sevens with no errors. He was also able to recall the current President and the past President of the United States.

This is consistent with his performance on the WISC-IV Digit Span subtest. On Digit Forward he was able to recall eight numbers and on Digit Backward he recalled six numbers, placing his short-term memory in the average range. This is also consistent with his performance on the WISC-IV Letter-Number Sequencing subtest in which his ability was in the average range. Taken together, these data indicate that his short term and long term memory were intact.

**Orientation.** Donald was alert to time, place, person, and purpose. He had a fair grasp and understanding of test instructions. However, Donald was unable to identify the floor of the building that the testing took place in and the county in which the testing site was located and he was not asked to name his home county. This was not identified as a problem due to the fact that Donald is not from the county that the testing took place in and he is not familiar with the building.

**Insight and Judgment.** Donald showed good insight by defining “People in glass houses shouldn’t throw stones” as meaning “People who are in difficult situations should watch what they say.” This was consistent with his performance on the WISC-IV Comprehension subtest in which his ability was in the average range. He attempted to show good judgment by indicating that if he won \$10,000 in the lottery he would buy a new car. Compared to others, his social judgment is in the average range.

**MMSE:** Donald scored 28 out of 30 on his Mini Mental Status Exam. His scores on the MMSE, as well as his exhibited behaviors, indicate that his mental status is not compromised. Donald was able to recall the city, state, and current surroundings. He correctly named the date, month, day, current season, and year. Donald correctly recalled the three objects immediately after they were recited to him and after a short delay. Donald made no subtraction errors with serial 7’s, and was able to subtract quickly with no errors. He correctly named two objects shown to him and followed a three stage command. He was able to read a simple sentence, copy a design, and write a simple sentence. He was unable to name the county and floor of the testing center in which he was located.

**VISUOSPATIAL FUNCTIONING:** Donald was administered the BVMGT-II to assess visuospatial functioning. He achieved a standard score of 100 (50<sup>th</sup> percentile) on the Copy phase, placing his ability in the average range. He achieved a standard score of 100 (50<sup>th</sup> percentile) on the Recall phase, placing his ability in the average range. These results indicate no difficulties in visual-spatial processing.

**INTELLECTUAL FUNCTIONING:** Donald was administered the WISC-IV and obtained the following results:

<u>Subtests</u>	<u>Scaled Score</u>
Block Design	13
Similarities	12
Digit Span	14
Picture Concepts	10
Coding	14
Vocabulary	12
Letter-Number Sequencing	13
Matrix Reasoning	11
Comprehension	14
Symbol Search	10
<u>Indices</u>	<u>Composite Score</u>
Verbal Comprehension	119
Perceptual Reasoning	110
Working Memory	123
Processing Speed	116
Full Scale IQ	120

The WISC-IV groups an individual’s ability into four global areas: Verbal Comprehension Index (VCI), which measures verbal ability; Perceptual Reasoning Index (PRI), which involves the manipulation of concrete materials or processing of visual stimuli to solve problems nonverbally; Working Memory Index (WMI), which measures short-term memory; and Processing Speed Index (PSI), which measures cognitive processing efficiency. All of the

indexes have standard scores with a mean score of 100, with the scores of 90 to 110 falling into the Average range. Each of the four Indexes has subtests that comprise the Index score. All of the subtest scaled scores have a mean score of 10, with the scores of 7 to 13 falling into the Average range.

Donald's obtained a FSIQ of 120 (89<sup>th</sup> percentile), with a 95% confidence interval of 117 to 124. This means that if he were tested 100 times, 95 of those scores would fall between 117 and 124. This places his overall intellectual functioning in the High Average range.

Donald obtained a Verbal Comprehension Index score of 119 (88<sup>th</sup> percentile), with a 95% confidence interval of 116 to 123, which places his verbal ability in the High Average range. He obtained a Perceptual Reasoning Index score of 110 (70<sup>th</sup> percentile), with a 95% confidence interval of 105 to 115, which places his reasoning ability in the Average range. Donald obtained a Working Memory Index score of 123 (91<sup>st</sup> percentile), with a 95% confidence interval of 113 to 127, which places his memory ability in the Superior range. He obtained a Processing Speed Index score of 116 (80<sup>th</sup> percentile), with a 95% confidence interval of 109 to 120, which places his processing ability in the High Average range.

There was a significant discrepancy between the Perceptual Reasoning Index and the Working Memory Index. Donald's short-term memory and processing abilities are better developed than his spatial and nonverbal reasoning abilities.

An examination of the subtests indicated that there were no normative or relative strengths or weaknesses.

**ACHIEVEMENT ASSESSMENT:** Donald was administered the WRAT3 and obtained the following results:

<u>Subtest</u>	<u>Standard Score</u>	<u>Grade Equivalent</u>
Reading	125	Post High School
Spelling	110	High School
Arithmetic	124	Post High School

The WRAT-IV measures three basic academic skills: reading, writing, and arithmetic. Results are reported for all subtests in standard scores with a mean score of 100 and standard deviation of 15.

Donald's standard score in Reading of 125 (95<sup>th</sup> percentile), with a 95% confidence interval of 120 to 130, places his reading ability in the Superior range. His standard score in Spelling of 110 (59<sup>th</sup> percentile), with a 95% confidence interval of 105 to 120, places his ability in the Average range. His standard score in Arithmetic of 124 (94<sup>th</sup> percentile), with a 95% confidence interval of 120 to 130, places his ability in the Superior range.

Donald's profile indicated normative strengths on both the Reading and Arithmetic subtests. The strength on the Arithmetic portion indicates that Donald's ability to solve arithmetic problems and determine correct strategies needed to complete word problems in math is highly developed. Additionally, the strength on the Reading subtest indicates that Donald's receptive vocabulary and language development are advanced for his age. His weakest ability was on the spelling section, which is indicated by his lower grade equivalent.

When Donald's achievement (WRAT3) scores are compared to his ability (WISC-IV) scores there is no significant discrepancy between his WISC-IV FSIQ and the overall standard scores from the WRAT3. Donald is performing at a level that is expected given his intelligence.

## **PERSONALITY FUNCTIONING:**

### **MMPI-A:**

The MMPI-A is an objective measure of broad psychopathology. After examining the combined results of the validity scales, Donald's profile appears to be valid. Donald appears to have answered all the items on the MMPI-A to the best of his ability. Additionally, individuals with similar profiles on the validity scales are socially conforming. These individuals are free of disabling psychopathology.

Donald's Clinical scores do not indicate any psychopathology. Individuals with similar profiles are guarded and defensive. Additionally, individuals with similar profiles exhibit denial and are emotionally unexpressive. These individuals are unwilling to acknowledge psychological distress.

Donald's scores on the Harris-Lingoes, Content, and Supplementary Scales do not indicate any psychopathology.

#### BASC-SRP:

The BASC is an objective measure of psychopathology for children and adolescents. There are several versions, including a self-report (SRP) and a parent rating scale (PRS).

An examination of the validity indices indicates that Donald did not attempt to fake bad, and did not attempt to fake good. Thus, the profile appears to be valid and can be interpreted.

The scores Donald obtained on the scales that contribute to the School Maladjustment Composite all fall within the average range. Individuals with similar scores on Attitude to School feel that school is a rewarding experience and feel safe and at ease in the school environment. Individuals with similar score on the Attitude to Teachers scale find their teachers to be caring, fair, and motivated to help their students. Sensation Seeking scores for these individuals are not risk takers; however, these individuals are not overly cautious either. They are able to listen and follow directions but may need to be reminded to remain quiet and wait their turn to speak. Such individuals do not have problems in school.

All of Donald's scores on the scales that contribute to the Clinical Maladjustment Composite except the Anxiety score (which falls within the average range) fall within the low average range. Individuals with similar scores on the Atypicality scale are not experiencing delusional or paranoid thoughts. Similar scores on the Locus of Control scale indicate individuals that accept responsibility for their own success or failure. Individuals with similar scores on the Somatization scale are not exhibiting physical symptoms of mild or moderate discomfort and will not report such symptoms when they do arise. Individuals with similar scores on the Social Stress scale are involved in many different social activities. They do not feel excluded from activities and they have many social relationships. Individuals with similar scores on the Clinical Maladjustment Composite do not show the presence of substantial problems and are able to work through most of life's problems.

Donald's scores on the Depression and Sense of Inadequacy scales fall within the average range. Individuals with similar scores are generally happy and content with their situation in life. These individuals believe that they are able to succeed on whatever they attempt to accomplish in life. Additionally, these individuals feel that they are adequate human beings and get enjoyment from most activities.

When comparing Donald's School Maladjustment Composite score with his Clinical Maladjustment Composite score there was a significant difference. The School Maladjustment Composite score was larger than the Clinical Maladjustment Composite score. A difference this large appears in 25% of the standardization sample.

All of the scores that Donald obtained that contribute to the Personal Adjustment Composite fall within the average range. Individuals with similar scores on the Relations with Parents scale have a close relationship with their parents and respect their parents' guidelines and authority. These individuals feel as though their parents are supportive and looking out for their best interests. Similar scores on the Interpersonal Relationships scale are indicative of individuals who have good social relations and friendships with peers. Individuals with similar Self-Esteem scores have good self-esteem, self-respect, and are accepting of themselves as well as others. Similar scores on the Self-Reliance scale suggest that the individual feels capable of solving problems without the help or supervision of others. Donald's Personal Adjustment Composite score falls in the high range, which indicates positive levels of adjustment. His Emotional Symptoms Index score falls in the at-risk range indicating that these scales should be reviewed carefully.

Donald's scores indicate that he falls within the normal range on most items.

BASC-PRS:

Donald's mother completed the BASC-PRS. An examination of the validity indices indicates that this is a valid profile and can be interpreted.

The scores that Donald obtained that contribute to the Externalized Problems Composite all fall within the low range except for Conduct Problems which falls in the average range. Individuals with similar Hyperactivity scores do not rush through tasks and think before acting. Similar Aggression scores are indicative of individuals who do not act in a hostile or threatening manner toward others. Individuals with similar scores on the Externalized Problems Composite score do not exhibit disruptive behavior. These individuals are described as having "controlled" behavior.

Donald's Internalized Problems Composite as well as his Depression scores fall within the low range. All of his other scores fall within the average range. Individuals with similar scores are described as happy. Such individuals are not overly anxious and exhibit "controlled" behavior.

Donald's Atypicality score falls within the average range, which indicates that he behaves in typical manners. Individuals with similar scores do not exhibit odd behaviors or active immaturity. The Withdrawal and Attention Problems scores that Donald obtained fall within the low range. Individuals with similar scores do not avoid social contact from others. Additionally, these individuals are not easily distracted from tasks.

Donald's Behavioral Symptoms Index falls into the low range. Individuals with similar scores do not present an unusual level of behavior problems.

The Social Skills score Donald obtained falls into the average range which is indicative of individuals who possess the skills that are necessary to interact successfully with peers and adults in home, school, and community settings. Donald obtained scores that fall into the high range on the Leadership scale and Adaptive Skills Composite. Individuals with similar scores accomplish academic, social, and community goals, especially working well with others. Additionally, these individuals are organized and adapt well.

The scores Donald received due to his mother's ratings indicate that he is within the normal range.

HTPP:

The HTPP is a projective measure of broad psychopathology. Donald put forth good effort on the drawings; therefore, the assessment is considered a valid measure and can be interpreted.

Donald's first person drawing was a 17-year-old male and represents his ideal self. He stated that the boy was standing and thinking about how he was going to do in tonight's baseball game. The placement of the drawing in the upper right hemisphere of the page indicates unrealistic striving, environmental preoccupation, anticipation of future, stability/control, and inability to delay gratification. The large size of the drawing suggests that Donald has a high self-opinion, is outgoing, energetic, and content. The drawing has petal fingers indicating immaturity. The lines of the figure are heavy indicating creativity, self-assurance, and a strong ego.

Donald's second person was a 15-year-old female. He stated that the girl was brushing her hair and that she was worried about how she looks. This drawing was smaller in size than the first figure indicating that Donald sees himself as superior to females. However, Donald may not see others as important either. The placement of this figure in the upper, central hemisphere indicates unrealistic striving, frustration, and rigidity. This figure also has petal fingers indicating immaturity. The ears of the figure were large suggesting ability to listen. Once again, this figure was drawn very darkly indicating creativity, self-assurance, and a strong ego.

Donald's drawing of a tree represents his relationship with nature. The placement of the drawing in the upper right hemisphere once again indicates unrealistic striving, environmental preoccupation, anticipation of future, control, and inability to delay gratification. There are excessive branches on the tree suggesting high levels of activity and incoming stimuli from the environment. The trunk of the tree has a broad base indicating independence. Donald questioned whether the tree had to have leaves. He drew a few leaves on the ends of the branches. This indicates a

need for few friends and a tendency to keep a distance from other people. He indicated that the weather around the tree was cold and bitter and that the tree was thinking, "I wish it was spring." Therefore, the lack of leaves may be indicative of the season. Donald indicated that the tree wanted to be alone. This may indicate a need for less intrusion from other people and overprotective caregivers or parents.

The drawing of the house was in the upper left hemisphere indicating unrealistic striving, frustration, withdrawal, impulsivity, and rumination over the past. The proportion of the house is large indicating security, openness, content, and aggression. Details of the picture are lacking indicating minimal need for elaboration and activity. The door of the house is tall and large indicating reticence, grandiosity, and indecision. The absence of a pathway to the house suggests that he is guarded and secretive.

The drawing of Donald's family included him, his mother, his father, and his brother. Each member of the family is playing basketball together. This indicates that Donald feels as though he is an important part of the family. The only figure that is drawn with dark lines is the figure that represents him. This may suggest narcissism, tension and anxiety.

**SUMMARY:** Donald is a 14-year-old Caucasian male who volunteered for an assessment of his personality. Donald was oriented x 4, with no indications of hallucinations or delusions. Results of the WISC indicate that he has an IQ score in the High Average range. Results on the WRAT3 indicate that he is functioning at the level predicted by the WISC. Personality inventories suggest that Donald is socially conforming. He exhibits denial at times. Donald is able to interact appropriately with others and is happy. He enjoys life, does not complain excessively, and takes responsibility for his own success and failure. Donald experiences feelings of high self-esteem and is overwhelmed by the amount of activity and other people in his life at times. He is indecisive at times yet content. Donald has unrealistic strivings.

#### **DIAGNOSTIC IMPRESSIONS:**

No diagnosis at this time.

#### **RECOMMENDATIONS:**

1. The evaluation does not reveal any serious psychopathology requiring treatment at this time.
2. Donald's intelligence is within the high average range.
3. Continue with current education plan.

Thank you for this referral.

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Fuzzy Wuzzy, B.A.  
Graduate Student

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