

Chapter 12: Personality

1. What is the definition of personality? Why do psychologists think it is important to study?
2. Explain Freud's theory of personality. Describe the conscious, the preconscious, and the unconscious. What are the roles of the id, ego, and superego?
3. List Freud's psychosexual stages of development and describe the focus of each stage.
4. Explain the concept of reciprocal influences. Identify one way this concept can be applied to your own life.
5. Describe Maslow's hierarchy of needs. Tell why Humanistic psychologists believe that this is important for understanding personality.
6. Describe the three levels of Allport's trait theory.
7. What is the person-situation debate? Which types of psychologists would support which side of the debate?
8. How do behaviorists conceptualize personality?
9. Discuss the three factors emphasized by the social cognitive approach of Bandura.
10. Which theory of personality do you find most appealing? Tell the advantages and disadvantages of holding that particular theoretical view.
11. List and describe 3 major personality tests. Which kind of personality theorist would be most likely to support and use each kind of personality test? Why?