

Chapter 1: Introducing Psychology

1. Briefly describe three of the major current approaches to psychology. Be sure to describe the important theoretical constructs and people, if applicable, associated with each approach.
2. Trace the history of the definition of psychology. What is considered the current definition of psychology?
3. What are the four goals of psychology? What types of psychologists are primarily concerned with each of the goals?
4. Describe at least three different ways of knowing the truth. What is the scientific method and how does it improve on other ways of knowing?
5. Which of the seven approaches to psychology would be most useful for a physician? For a classroom teacher? For a business person? In each instance, tell me why you think the approach would be most useful.
6. What are the requirements to receive a master's degree in psychology? How about a doctorate degree?
7. What are some of the skills that a person with a B.S. or B.A. in psychology will have when he or she graduates?
8. List at least three different jobs that person could obtain with his or her undergraduate degree in psychology and describe how having a degree in psychology could help that person be successful at the job.
9. List five thinking strategies essential to good critical thinking.
10. Describe three of the seven key themes outlined in Weiten.