# Chapter 1: The Evolution of Psychology

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### Definition of Psychology

Please to note that I do not follow the organization of the textbook

- Undergone many tranformations
  - 1st decade of 20th century
  - 2<sup>nd</sup> decade of 20<sup>th</sup> century
    - John B. Watson
    - James R. Angell
  - John F. Dashiell
  - Howard C. Warren
  - Howard Nunn

### Definition of Psychology

- Early 1960s
  - Clifford Morgan
- Later 1960s
- 1970s
- Today:
  - The science that studies behavior and the physiological and cognitive processes that underlie it, and the profession that applies the accumulated knowledge of this science to practical problems.



### Critical Thinking

- Involves 5 questions:
  - What am I being asked to believe?
  - Is there evidence to support the claim?
  - Can that evidence be interpreted in another way?
  - What evidence would help to evaluate the alternatives
  - What conclusions are most reasonable?





- Keys to critical thinking:
  - Be open minded
  - Be intellectually curious
  - Look for multiple determinants of behavior
  - Think like a scientist

#### The Scientific Method

- Four Steps:
  - Observation of something of interest in the natural world
  - Formulation of a hypothesis
  - Collection of data
  - Analyze the data

# Other Methods of Knowledge Aguisition

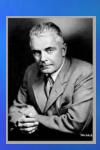
- Authoritative Pronouncements
- Democratic Judgments
- Reason
- Feelings
- Sensory Information & Experience

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- Wilhelm Wundt
  - Credited with creating the science of psychology with his lab in 1879
  - Comes from a blending of physiology and philosophy
  - First focus was on the structures of the mind

### Seven Contemporary Psychological Perspectives

- Behaviorism
  - John B. Watson
  - B.F. Skinner
  - Ivan Pavlov
- Psychodynamic (Psychoanalytic)
  - Sigmund Freud
  - Alfred Adler
  - Carl Jung









## Seven Contemporary Psychological Perspectives

- Humanistic
  - Carl Rogers
  - Abraham Maslow
- Cognitive
  - Jean Piaget
  - (Wilhelm Wundt & William James)
  - Ulric Neisser









# Seven Contemporary Psychological Perspectives

- Biolgoical/Neuroscientific
- Sociocultural
- Evolutionary
  - David Buss
  - Steven Pinker





### Themes in Psychology

- Psychology is Empirical
- Psychology is Theoretically Diverse
- Psychology Evolves in a Sociohistorical Context
- Behavior is Determined by Multiple Causes
- Behavior is Shaped by Cultural Heritage

### Themes in Psychology

- Heredity and Environment Jointly Influence Behavior
- People's Experience of the World is Highly Subjective

### What does a Psychologist Do?

- Contemporary psychology has a number of fields of subspecialization
  - Can differentiate between research and applied perspectives
- Differences between a psychologist and a psychiatrist

### What does a Psychologist Do?

- How to become a psychologist
- **The Boulder Conference**

- WKU offers graduate-level psychology programs in:
  - Clinical Psychology (MA)
  - School Psychology (EdS)
  - Industrial/Organizational Psychology (MA)
  - General Psychology (MA)

- Admission Minimum Requirements:
  - GPA: 3,00
  - **GRE: 850 (Verbal + Quantitative)**
  - 12 hours of undergraduate psychology courses
  - Three letters of recommendation
- Completion requirements

- Averages for FA 2002 WKU Clinical Acceptees:
  - GPA: 3.54
  - Psych GPA: 3.58
  - GRE Verbal: 469
  - GRE Quantitative: 551
  - GRE Total: 1020

- Averages for 1992-1993 Doctoral Level Acceptees:
  - GPA: 3.50
  - Psych GPA: 3.66
  - GRE Verbal: 593
  - GRE Quantitative: 613
  - **GRE Total: 1206**

- Averages for 1992-1993 Master's Level Acceptees:
  - GPA: 3,27
  - Psych GPA: 3.42
  - GRE Verbal: 517
  - GRE Quantitative: 533
  - **GRE Total: 1033**

# What if you don't want to go to grad school?

Do you have to go to graduate school to get a job with a psychology degree?

# Top 10 Skills Employers Like in Psychology Majors

- Listening Skills
- Ability to Work on Teams
- Interpersonal Awareness
- Desire and Ability to Learn
- Willingness to Gain New Skills
- **Focus on the Customer/Clients**
- **Environmental Awareness**

# Top 10 Skills Employers Like in Psychology Majors

- Adaptability
- Critical Evaluation
- Problem-Solving Sills

# Other Skills Gained With a Psychology Major

- Literacy
- Statistical Familiarity
- Computer Literacy
- Research Skills
- Perspective
- Pragmatism

# So, what kind of job can I get with my B.A. in Psychology?

- 50% of Psychology graduates were employed with a for-profit company
- 20% public affairs or social services
- 14% teaching
- 10% sales
- 10% state or local government

### Salary range

- 2001 survey
  - Range of \$21,900-\$40,000
    - Management: \$30488
    - Teaching: \$25,378
    - Counseling: \$24,724
    - Social Work: \$23,988
    - Sales: \$34,451
    - Government: \$20,000-\$29,000