CONTEMPORARY DEVELOPMENTS IN PSYCHOLOGY

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THE LANDSCAPE OF PSYCHOLOGY

- Lots of Theoretical Orientations
  - 250+
  - Big Three
- Focus on Empirically Validated Treatment
  - HMO-driven
  - 200+ EVTs
- Positive Psychology
  - Martin Seligman
    - 1999 APA President Began Movement

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  - Focus on what people do right, not what they do wrong
  - Virtues
  - Cuts across theoretical orientations
- Cultural Psychology
  - Derald Wing Sue
- Evolutionary Psychology
  - David Buss
  - Steven Pinker

Chapter 14 Psychoanalysis: Dissenters and

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- × Feminist Movement
  - + Coined by Karen Horney
  - + Focuses on removing the oppression of society and working toward equality for all
- × Forensic Psychology
  - + Not CSI or The Profiler
  - + Many of the mentally ill are now being housed in jail rather than hospitals.
  - + Work w/prisoners on improving mental health

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  - + Competence to stand trial/Insanity
  - + I see this area growing in years to come
- × Cognitive Psychology
  - + Cognitive Therapy
    - × Acceptance and Commitment Therapy
- × Neuropsychology
  - + New frontier
  - + Field is moving in this direction
    - × Many universities are creating "Departments of Brain Sciences" or equivalents

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- × Private Practice vs. Academia
  - + Still more jobs in the private sector than in academia
  - + But, w/Baby Boomers retiring, there are a number of jobs opening up across the field
- × Impact of the Veterans' Administration
  - + Doubled the number of psychologists on payroll
  - + ~6% of psychologists employed @ VAs

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- × State of the Profession
  - + APA
    - × 150,000 members, with a focus on practice
  - + APS
    - × 20,000 members, with a focus on science
  - + Scientist-Practitioner Model
    - × Still alive, but has competition

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- + Psy.D.
  - × Benefits
  - × Problems
- + Internship difficulties
- + Empanelling Difficulties
- + New Laws
- + Holy Cow!!!

- × Final Thoughts

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